



# LEARNING FROM HOME PLANNER

1      2      3      4      5      6      7

Goal Wake-up Time:

**Time:**

Things to do:      New Homework:

**Daily Checklist**

Have I ...

- Chatted with a friend
- Been physically active 
- Read anything for fun
- Had a snack

**Time:**

Things to do:      New Homework:

**Screen Break #1**

Start:      Stop:

During this break I will ...

**Time:**

Things to do:      New Homework:

**Times My Teacher Is Available Online**

**Time:**

Things to do:      New Homework:

**Screen Break #2**


Start:      Stop:

During this break I will ...

**Time:**

Things to do:      New Homework:

**Daily Gratitude**

Today I am thankful for ... 

**Screen Break #3**

Start:      Stop:

During this break I will ...

Goal End Time:

Water intake: 